

**Psychology 494 (Field Placement) and
Psychology 495 (Human Services Internship Seminar)
Summer 2023
May 30th to August 18th
Online Zoom Class Meetings: Dates/Times To Be Determined**

Professor: Jeana L. Council, Ph.D.
Office: SCI D243
E-mail: jcouncil@uwsp.edu
Office hours: Online by Appointment

Psy 494 FIELD PLACEMENT

Psy 494 FIELD PLACEMENT OBJECTIVES.

1. To provide opportunities for you to observe and learn from experienced human services professionals.
2. To apply psychological and multicultural theories, principles, and research findings that you have learned in previous courses to a human services setting.
3. To develop observational and recording skills that will allow you to develop an articulate, organized case presentation; to familiarize you with writing styles appropriate to human services settings.
4. To facilitate your career decision making by incorporating field experience.

REQUIREMENTS.

1. Knowledge of and adherence to the Psychology Department Undergraduate Human Services Internship Manual.
2. Knowledge of and adherence to the American Psychological Association Ethical Principles of Psychologists.
3. Knowledge of the specific agency's requirements for intern duties and a commitment to fulfill these requirements.
4. Consultation with your Field Supervisor and the 494/495 Psychology Department Internship Supervisor in the event of conflict between requirements 1 and 2.
5. Willingness to be open to new experiences, to challenge yourself, and to accept constructive feedback from the Psychology Department Internship Supervisor, Field Placement Supervisor, fellow interns, and agency staff.
6. Ability to conduct yourself in a mature and professional manner as reflected through your participation in agency discussions, interactions with clients, and seminar discussions.
7. Completion of all internship hours in a timely, consistent manner.

Psy 494 GRADING POLICY.

I will assign the final grade for your internship credit (Psy 494) based largely on your Field Supervisor's observations and evaluation of your work. Your supervisor will be asked to evaluate you around week 6 and again at the end of the term. A sample evaluation form is in the internship manual. In case of a discrepancy between your supervisor's, your and my estimation of your performance, I will consider degree of professionalism exhibited, progress in performance, willingness to take appropriate initiative and responsibility at the field site, and review of journal entries. While students usually do well in 494, an A or A- grade is not guaranteed. There are many reasons why some students receive grades lower than an A. **If you have any questions concerning your performance at your internship, the quality of your site supervision, conflicts with internship staff, or problems completing hours, please see me as soon as possible.**

Psychology 495 —Human Service Internship Seminar

SEMINAR OBJECTIVES.

1. To review and discuss/process professional ethics and cultural competence as they relate to internship settings and experiences.
2. To formulate and discuss student-presented case studies in a professional seminar format.
3. To apply theory and research on psychological disorders, treatment, assessment, organizational behavior, etc. to placement settings, **while also incorporating both positive psychological and multicultural perspectives.**
4. To develop self-reflection regarding your performance, clinical skills, strengths, and areas for growth/weaknesses.

REQUIREMENTS.

1. Reading and discussion of the assigned text. Chapters are designated with a “**Ch**” in the syllabus.
2. Maintenance of an ongoing typed “Think Like A Psychologist” APPLICATION journal of field placement activities and impressions. Journals are to be submitted to me on CANVAS on the dates indicated in syllabus. See separate handout for journal suggestions. **Integration of what you are seeing on internship and what you have learned in various classes is expected.** This is NOT meant to be simply a report of when you went to your internship and the general timeline of your day; the key is to **APPLY** psychological theories, constructs, ethics, etc.....to your observations and interactions at your internship. **This will require referencing past courses, past and current textbooks, journal articles, etc.....(see examples of excellent versus substandard journal entries provided on a separate handout).**
3. Regular participation in on-line discussions and presence at Zoom class meetings (dates to be determined).
4. Written responses to questions related to text or other topics as noted on the syllabus calendar.
5. Oral presentation and written case study (see separate handout).
6. Typed summary of and reflection on all you have learned during the term.
7. Submission of a log sheet at the end of the term, signed by your supervisor, indicating dates and hours of internship participation if requested by the instructor.

TEXTS: Baird, B. N. (2011). *The Internship, Practicum, and Field Placement Handbook* (6th ed.). Upper Saddle River, New Jersey: Prentice Hall. (Listed under 495).

Magyar-Moe, J. L. (2009). *Therapist's Guide to Positive Psychological Interventions*. San Diego, CA: Elsevier.

Please print the APA Ethical Codes available at <http://www.apa.org/ethics/code/index.aspx> Be sure to bring these codes with you to each Zoom class period and refer to them often as you analyze your internship experiences and those of your classmates as well.

ADDITIONAL READINGS. Supplementary readings (hardcopy reserve, handouts, and e-reserve) may be assigned throughout the semester.

PSY 495 GRADING POLICY. As with 494, it is possible to receive a grade that is less than an A. It is not uncommon to receive two different grades for 494 and 495. For example, Student X may receive an A from a supervisor in 494, but does not make progress in the depth of his reflection on his experience in 495 application journals. Student Y's integration of psychological information with the placement experience is not excellent (A), but is above average (B+). Less common, but possible, is a pattern where the student has exceptional abilities when discussing case dynamics or applying textual material in the seminar, but by the 6th week is still interpersonally awkward, reluctant to do more than observe at the placement site, or not completing assigned tasks at the site.

In addition to attendance, the following will be considered in determining your final grade for the seminar: quality of written assignments and journal submissions, progress in reflecting upon your internship experience and integrating psychological information into your journal (40%); quality of case presentation (35%); written homework assignments and class participation for both live Zoom meetings and on-line discussions (25%).

Class participation is essential to enhance your learning in this class and on internship. You will apply principles and techniques more effectively if you are able to notice the similarities between your internship site or client problems and those of other students, especially when the sites seem different at first. Participation includes spontaneously discussing your experiences, relating them to those of other students, or applying your experience to readings, as well as asking questions of other students, answering questions posed to you by the instructor or other students, etc.... You can also help other students learn by making observations or giving suggestions about handling specific situations.

While exact points are determined at the end of the semester, typical participation grades are as follows.

A-/A: You are clearly prepared for class, you volunteer to discuss internship experiences, you "risk" giving and accepting and constructive criticism from others, and you spontaneously ask or answer questions regarding readings, assignments, or case presentations in both online and in-person formats. The person who receives a full "A" for participation would be seen by others as one who "carries the class". It is entirely possible for every student to receive an A for participation.

B-/B: You are prepared, have excellent deportment when called upon, but rarely spontaneously ask or answer questions during class or online discussions or volunteer to discuss internship experiences.

C-D: Your punctuality is poor, you rarely speak in class or participate in on-line discussions.

| Assignments: | Approx % of grade |
|--|--------------------------|
| Journals and Summary = 30 points each | 40% (120 pts) |
| Case presentation and report | 35% (100 pts) |
| Participation in seminar/online discussions and homework | 25% (80 pts) |
| Total approx pts = 300 | 100% |

*****Lecture materials and recordings for this course are protected intellectual property at UW-Stevens Point. Students in this course may use the materials and recordings for their personal use related to participation in this class. Students may also take notes solely for their personal use. If a lecture is not already recorded, you are not authorized to record my lectures without my permission unless you are considered by the university to be a qualified student with a disability requiring accommodation. [Regent Policy Document 4-1] Students may not copy or share lecture materials and recordings outside of class, including posting on internet sites or selling to commercial entities. Students are also prohibited from providing or selling their personal notes to anyone else or being paid for taking notes by any person or commercial firm without the instructor's express written permission. Unauthorized use of these copyrighted lecture materials and recordings constitutes copyright infringement and may be addressed under the university's policies, UWS Chapters 14 and 17, governing student academic and non-academic misconduct.*

*****Any student in this course who has a disability that may prevent him/her from fully demonstrating his/her abilities should contact me personally as soon as possible so we can discuss accommodations necessary to ensure full participation and facilitate this educational opportunity.*

******UWSP supports an inclusive learning environment where diversity and individual differences are understood, respected, appreciated, and recognized as a source of strength. We expect that students, faculty, administrators and staff will respect differences and demonstrate diligence in understanding how other peoples' perspectives, behaviors, and worldviews may be different from their own.*

Other important information for UWSP students.

Rights and Responsibilities

UWSP values a safe, honest, respectful, and inviting learning environment. In order to ensure that each student has the opportunity to succeed, a set of expectations has been developed for both students and professo (see <https://www.uwsp.edu/stuaffairs/Documents/RightsRespons/rightsCommBillRights.pdf>). All students are expected to be familiar with and to abide by these expectations.

Title IX

Under several federal and state laws, and according to several university guidelines, I am required to report acts of a criminal or offensive nature. This includes acts of sexual harassment and assault, bias and hate crimes, illicit drug use, and acts of violence. Any disclosure or description of these incidents – both current and in the past – may be reported to the Dean of Students office (<http://www.uwsp.edu/dos/>) or the local authorities.

PLAGIARISM AND UNAUTHORIZED COLLABORATION.

Plagiarism includes but is not limited to the following situations.

- 1) Copying or paraphrasing the work of other students and passing it off as your own.
- 2) Copying the information in published literature or on the internet verbatim, without quotes and without citation of sources, leading the reader to believe that the writing and ideas are your own.
- 3) Paraphrasing the information in published literature without quotes and without citation of sources, leading the reader to believe that the writing and ideas are your own, or close paraphrase (i.e. changing one verb in a sentence, regardless of citation).
- 4) Unauthorized collaboration includes, but is not limited to, asking for or giving information to other students for tests, papers, projects, etc. when prohibited by the professor, and/or not explicitly stating that you asked for or received the information from someone.

Course Calendar – Psych 495

(This is a **tentative** course calendar. The instructor reserves the right to make changes as needed. Students will be informed of such changes in class or via on-line discussions. If the changes are major, a fully updated calendar will be provided.)

****ALL ASSIGNMENTS ARE DUE ON CANVAS BY NO LATER THAN 4PM ON THE FRIDAY OF THE WEEK IT WAS ASSIGNED, HOWEVER, CASE PRESENTATION WRITE-UPS SHOULD BE SUBMITTED AT LEAST 30 MINUTES PRIOR TO CLASS ON THE DAY YOU PRESENT.**

| DATE | TOPIC (may change with class needs) | READINGS /Assignments due on CANVAS by Friday at 4:00pm |
|--------------|---|--|
| 1. 5/30-6/2 | Intro to internship –please review the course syllabus and CANVAS page for Psyc 495 to familiarize yourself with course expectations and materials. **Please participate in the on-line discussion on CANVAS regarding who you are and your internship placement. | Ch 1 with emphasis on pp 10-13 Ch 2 with emphasis on pp 31-37 **Respond to Doodle Poll Regarding First In-Person Class Meeting Dates. Start notes for journal from first day(s) at internship if you have started or start soon! |
| 2. 6/5-6/9 | Hints on “Think Like A Psychologist” journal writing (Please watch the Zoom Recording – link on the Announcements Tab - and thoroughly read the journal instructions handout on CANVAS) | Ch 3 ; Answer the “Exercise on pp 43-44 re: ethics”. Be sure to type your responses and refer to the APA Ethics Codes throughout your answers. In other words, cite the ethics codes that apply to this case. Turn in on CANVAS. |
| 3. 6/12-6/16 | Review of case presentation instructions Intro to Applications of Positive Psych to Internship: Positive Psychological Assessment, Strengths-Based Counseling, Positive Empathy, People First Language, Active-Constructive Responding | Live Zoom Class Meeting this week: To Be Arranged (The “Therapist’s Guide to Positive Psychological Interventions” book includes detailed information on the information discussed in this class period) |
| 4. 6/19-6/23 | Continue applications of PP to internship on CANVAS if needed (dependent upon what we complete in class the previous | |

| | | |
|--------------|------------------------------------|---|
| | week) | |
| 5. 6/26-6/30 | Diversity/Multicultural Competence | <p>Ch 5; Diversity exercise/homework due (assignment is on Canvas and should be turned in on CANVAS)</p> <p>Review Privilege Handouts on CANVAS and share two insights in our class discussion thread about privilege that you have from reviewing the handouts.</p> <p>Journal 1 Due (submit on CANVAS)</p> |
| 6. 7/3-7/7 | Diversity/Multicultural Competence | <p>Explore resources (books, journal articles, videos/documentaries) on multicultural competency in counseling, racial identity development, white privilege, straight privilege, gender identity, etc... Upload and briefly summarize one of these resources that you believe will help you and your classmates to expand your multicultural competence. Respond to at least 2 classmates posts that you find most useful to your learning.</p> |
| 7. 7/10-7/14 | Transference | <p>Complete Transference Assignment (see instructions on Canvas and turn in on Canvas)</p> |
| 8. 7/17-7/21 | Case Presentations | <p>Live Zoom Meeting : To Be Determined</p> <p>Cases 1-6</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>4. _____</p> <p>5. _____</p> <p>6. _____</p> <p>Journal 2 Due (submit on Canvas)</p> |
| 9. 7/24-7/28 | Case Presentations | <p>Live Zoom Class Meeting : To be determined</p> <p>Cases 7-12</p> <p>7. _____</p> |

| | | |
|---------------|---------------------------|--|
| | | 8. _____ 9. _____ 10. _____ 11. _____ 12. _____ Ch 8; complete exercise on page 157. (submit on CANVAS) |
| 13. 7/31-8/4 | Case Presentations | Live Zoom Meeting To Be Determined Cases 13 - 18 13. _____ 14. _____ 15. _____ 16. _____ 17. _____ 18. _____ Journal 3 Due (submit on Canvas) |
| 8/7 – 8/11 | | Ch 7; complete exercise on page 139. (submit on CANVAS) |
| | | |
| 8/14– 8/18 | Course Wrap-up | Journal 4 (Summary) and Evaluation of Internship Placement Site Due (submit on CANVAS) |